

Lunch Menu

Second Quarter

10/12(WEN)	咖哩嫩雞燴飯	Chicken Curry Risotto
10/13(THU)	打拋豬(不辣)	Stir Fried Pork with Holy Basil (not spicy)
10/14(FRI)	番茄海鮮螺旋義大利麵	Seafood Rotini with Tomato Sauce
10/17(MON)	蒙特婁烤雞丁	Montreal Roast Chicken
10/18(TUE)	懷舊排骨飯	Rice with Pork Ribs
10/19(WEN)	什錦豬肉炒烏龍麵	Assorted Pork with Fried Udon Noodles
10/20(THU)	蘋果味增豬肉片	Sliced Pork with Apple Miso
10/21(FRI)	奶油蕈菇義大利麵	Creamy Chicken Pasta with Mushrooms
10/24(MON)	蜜汁烤腿排	Chicken Steak with Honey Sauce
10/25(TUE)	日式烤雞	Japanese Roast Chicken
10/26(WEN)	嫩雞丁蛋炒飯	Fried Rice with Chicken and Eggs
10/27(THU)	香菇肉燥	Braised Pork with Mushrooms
10/28(FRI)	義式肉醬義大利麵	Pasta Bolognese
10/31(MON)	咖哩香烤雞丁	Curry Grilled Chicken
11/1(TUE)	瓜仔肉燥	Braised Pork with Pickles
11/2(WEN)	海鮮炒烏龍麵	Fried Udon Noodles with Seafood
11/3(THU)	照燒豬肉片	Teriyaki Pork Slices
11/4(FRI)	奶油雞肉螺旋義大利麵	Creamy Chicken Rotini
11/7(MON)	柚香烤腿排	Grapefruit Grilled Chicken Steak
11/8(TUE)	糖醋雞丁	Sweet and Sour Chicken
11/9(WEN)	咖哩豬肉燴飯	Pork Curry Risotto
11/10(THU)	義式番茄肉醬飯	Rice with Bolognese sauce
11/11(FRI)	茄汁香腸義大利麵	Sausage Pasta with Tomato Sauce
11/14(MON)	塔香三杯雞丁	Three-Cup Diced Chicken
11/15(TUE)	懷舊排骨飯	Rice with Pork Ribs
11/16(WEN)	紅燒牛肉燴飯	Braised Beef Risotto

11/17(THU)	香滷棒腿	Braised Drumsticks
11/18(FRI)	白醬海鮮義大利麵	Seafood Pasta with White Sauce
11/21(MON)	椒鹽烤腿排	Grilled Chicken Steak with Salt and Pepper
11/22(TUE)	日式烤雞	Japanese Roast Chicken
11/23(WEN)	松阪豬蛋炒飯	Fried Rice with Pork and Eggs
11/24(THU)	打拋豬(不辣)	Stir Fried Pork with Holy Basil (not spicy)
11/25(FRI)	茄汁雞肉螺旋義大利麵	Seafood Rotini with Tomato Sauce
11/28(MON)	日式照燒雞丁	Japanese Teriyaki Chicken
11/29(TUE)	瓜仔肉燥	Braised Pork with Pickles
11/30(WEN)	什錦海鮮燴飯	Assorted Seafood Risotto
12/1(THU)	薑汁燒肉片	Grilled Pork with Ginger Sauce
12/2(FRI)	奶油培根義大利麵	Bacon pasta with Cream
12/5(MON)	義式香烤腿排	Italian Grilled Chicken Steak
12/6(TUE)	糖醋雞丁	Sweet and Sour Chicken
12/7(WEN)	義大利肉醬飯	Rice with Bolognese sauce
12/8(THU)	香菇肉燥	Braised Pork with Mushrooms
12/12(MON)	蒙特婁烤腿丁	Montreal Roast Chicken
12/13(TUE)	懷舊排骨飯	Rice with Pork Ribs
12/14(WEN)	德式香腸蛋炒飯	Fried Rice with Sausages and Eggs
12/15(THU)	壽喜豬肉片	Sukiyaki Pork Slices