

| FEBRUARY 2024 |                                             |                                                             |                                                                                                                               |                                                                    |
|---------------|---------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| 日期            | 主菜                                          |                                                             | 配菜                                                                                                                            | 甜點/冷飲/水果                                                           |
| 02/01 (四)     | A.上海雞肉飯菜<br>Shanghai chicken cuisine rice   | B.咖哩豬排烏龍麵Curry Pork Chop Noodles                            | A.培根奶油焗白菜<br>Cabbage Gratin with Bacon Cream<br>B.蒜香拌季節時蔬Garlic Seasonal Vegetables<br>C.咖哩魚蛋Curry fish eggs                  | A.蜂蜜檸檬honey lemon<br>B.水果二種Fresh fruits                            |
| 02/02 (五)     | A.南洋沙嗲雞肉飯Satay Chicken Rice                 | B.蕃茄德國腸墨西哥餅<br>Tomato Sausage creampie                      | A.金針冬瓜Stir-fried white gourd with enoki mushrooms<br>B.蒜香拌季節時蔬Garlic Seasonal Vegetables<br>C.麻婆豆腐the spicy and hot bean curd | A.綠豆湯Green bean soup<br>B.水果二種Fresh fruits                         |
| 02/05 (一)     | A.紅咖哩里肌飯<br>Red Curry pork Rice             | B.中華什錦炒麵Chinese Assorted Fried Noodles                      | A.麻婆豆腐the spicy and hot<br>B.季節時蔬Fry vegetables<br>C.塔香炒蛋Basil Scrambled Eggs                                                 | A.檸檬冬瓜茶Lemon Winter Melon Tea<br>B.水果二種Fresh fruits                |
| 02/06 (二)     | A.雞排壽司卷<br>Chicken Sushi Roll               | B.烤吉司雞排+傻瓜拌麵<br>Cheese Chicken Chop+noodles                 | A.蔥爆黃瓜肉片Fried Pork with Cucumber<br>B.季節時蔬拌肉燥Minced meat with vegetables<br>C.烤脆薯fries                                        | A.地瓜粉圓甜湯sweet potato with tapioca balls soup<br>B.水果二種Fresh fruits |
| 02/07 (三)     | A.雞肉薯泥PITA餅<br>Chicken Hash PITA Pie        | B.蕃茄海鮮義大利麵<br>Tomato Seafood Pasta                          | A.BBQ烤小雞腿BBQ chicken drumsticks<br>B.季節時蔬Fry vegetables<br>C.脆炒馬鈴薯Fried Potatoes                                              | A.冰豆漿iced soy milk<br>B.水果二種Fresh fruits                           |
| 02/19 (一)     | A.油雞飯<br>Scallion Chicken Rice              | B.薑燒豬排烏龍麵<br>Noodles with Ginger Pork Chop                  | A.炒三絲Cucumber, Dried Shredded, Shredded Ham<br>B.玉筍花椰Jade bamboo shoots<br>C.醬燒翅小腿Braised Chicken Wings                       | A.檸檬水Lemon water<br>B.水果二種Fresh fruits                             |
| 02/20 (二)     | A.芝麻燒肉飯<br>Sesame-burning pilaf             | B.和風章魚燒披薩<br>Japanese Takoyaki Pizza                        | A.滷蛋spiced corned egg<br>B.蛋豆腐Scrambled Egg Tofu<br>C.涼拌小黃瓜Asian Pickled Cucumber Recipe                                      | A.仙草蜜Herbal jelly drink<br>B.水果二種Fresh fruits                      |
| 02/21 (三)     | A.蝦仁肉絲炒飯<br>Fried Rice with Shredded Shrimp | B.奶油蘑菇雞肉螺旋麵<br>Cream mushroom , chicken with spiral noodles | A.螞蟻上樹Sauteed Vermicelli with minced Pork<br>B.季節時蔬Fry vegetables<br>C.什錦炒肉片 Assorted fried meat                              | A.決明子麥茶Cassia Seed Tea<br>B.水果二種Fresh fruits                       |



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| 日期            | 主菜                                                 |                                           | 配菜                                                                                 | 甜點/冷飲/水果                                                           |
| 02/22 (四)     | A.蘋果咖哩雞飯<br>Apple Curry Chicken Rice               | B.德式香腸大亨堡<br>German Sausage Big Burger    | A.肉茸玉米Fried Corn with Pork<br>B.油揚鮮蔬 Fry vegetables<br>C.蔥燒豆包Scallion Bean Bun     | A.冬瓜茶white gourd drink<br>B.水果二種Fresh fruits                       |
| 02/23 (五)     | A.奶油咖哩豬排飯<br>Creamy Curry Pork Chop Rice           | B.紅燒豬肉拌麵<br>Braised Pork Noodles          | A.黃金脆薯fries<br>B.季節時蔬 Fry vegetables<br>C.培根高麗菜Bacon Cabbage                       | A.地瓜粉圓甜湯sweet potato with tapioca balls soup<br>B.水果二種Fresh fruits |
| 02/26 (一)     | A.港味揚州炒飯<br>Hong Kong-flavored Yangzhou fried rice | B.青醬雞肉義大利麵<br>Green sauce chicken pasta   | A.紅油抄手Meat dulupling in chili oil<br>B.脆炒馬鈴薯Fried Potatoes<br>C.季節時蔬Fry vegetables | A.決明子麥茶Cassia Seed Tea<br>B.水果二種Fresh fruits                       |
| 02/27 (二)     | A.洋蔥燒肉飯<br>Onion Roast Pork Rice                   | B.巷口乾麵+滷蛋<br>Dry noodles + marinated eggs | A.老皮嫩肉Egg tofu<br>B.肉絲干絲dried tofu with Shredded Pork<br>C.季節時蔬Fry vegetables      | A.粉圓湯tapioca soup<br>B.水果二種 Fresh fruits                           |
| 02/29 (四)     | A.五香排骨飯<br>Stewed pork ribs rice                   | B.薑蔥叉燒肉炒麵<br>Char Siu Pork Chow Mein      | A.滷蛋spiced corned egg<br>B.西芹魚板Celery Bean curd skin<br>C.季節時蔬Fry vegetables       | A.冬瓜茶white gourd drink<br>B.水果二種Fresh fruits                       |