

MARCH 2024				
日期	主菜		配菜	甜點/冷飲/水果
03/01 (五)	A.嘉義雞肉飯 Chiayi Chicken Rice	B.蕃茄肉醬義大利麵 Tomato bolognese pasta	A.清蒸魚片 Steamed fish fillets B.木須肉片 Wood whisker sliced meat C.季節時蔬 Fry vegetables	A.檸檬愛玉 Lemon love jade B.水果二種 Fresh fruits
03/04 (一)	A.咖哩豬排飯 Curry pork chop rice	B.美味水餃 Dumplings	A.西班牙烘蛋 Spanish Baked Eggs B.鐵板豆腐 Sizzling Tofu C.季節時蔬 Fry vegetables	A.冬瓜茶 white gourd drink B.水果二種 Fresh fruits
03/05 (二)	A.香草雞肉菌菇燉飯 Chicken mushroom stew rice	B.焗烤培根通心麵 Bacon Macaroni	A.香酥雞翅 fried chicken wings B.金針菇炒蛋 Fried eggs with enoki mushrooms C.季節時蔬 Fry vegetables	A.紅豆小湯圓 Red bean dumpling B.水果二種 Fresh fruits
03/06 (三)	A.叉燒蛋炒飯 Char Siew Egg Fried Rice	B.藍帶豬排漢堡 Pork Chop Burger	A.和風蒸蛋 Steamed Egg B.季節時蔬 Fry vegetables C.魚丸大黃瓜 Fried Cucumber with Fish Ball	A.麥茶 Barley Tea B.水果二種 Fresh fruits
03/07 (四)	A.海南雞飯 Singapore Chicken Rice	B.夏威夷什錦披薩 Assorted Pizza	A.八寶肉丁 Eight treasures pork mince B.季節時蔬 Fry vegetables C.脆炒馬鈴薯 Fried Potatoes	A.決明子茶 Cassia Tea B.水果二種 Fresh fruits
03/11 (一)	A.千層飯 Chirashi Sushi Rice	B.鹽酥豬排+蒜香拌麵 Crispy Pork Chops + noodles	A.絲瓜蛤蜊 Loofah Clams B.季節時蔬 Fry vegetables C.咖哩魚蛋 Curry fish eggs	A.決明子麥茶 Cassia Seed Tea B.水果二種 Fresh fruits
03/12 (二)	A.滑蛋豬排飯 Pork Chop Rice	B.香煎雞腿鮮蔬大漢堡 Chicken and Veggie Burger	A.蘿蔔燒肉 Fried Pork with Radish B.培根時蔬 Sauteed Vegetables with Bacon C.肉燥蒸蛋 Steamed Egg with Minced Meat	A.綠豆湯 Green bean soup B.水果二種 Fresh fruits
03/13 (三)	A.豚肉滑蛋蓋飯 Pork with egg rice bowl	B.玫瑰醬雞肉義大利麵 Tomato Chicken Pasta	A.麻婆豆腐 Sautéed Tofu and Spicy Sauce B.季節時蔬 Fry vegetables C.黃金薯餅 Potato cake	A.檸檬冬瓜茶 Lemon Winter Melon Tea B.水果二種 Fresh fruits

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03/14 (四)	A.炸豬排飯 Fried pork cutlet rice	B.美味水餃 Dumplings	A.老皮嫩肉fried tofu B.蛋酥開陽Egg crispy open C.木須干絲Fried Shredded with Fungus	A.蜂蜜檸檬Honey lemon B.水果二種Fresh fruits
03/15 (五)	A.雞肉親子丼飯Chicken and Egg Rice	B.雞肉鮮蔬PITA餅Chicken and Vegetable PITA Pie	A.腐乳高麗菜Fried Cabbage with Fermented Bean Curd B.脆炒馬鈴薯Fried Potatoes C.烤小雞腿Grilled Chicken Legs	A.紅豆湯red bean soup B.水果二種Fresh fruits
03/18 (一)	A.五香排骨飯 Stewed pork ribs rice	B.臘腸風味義大利麵Sausage Pasta	A.鐵板豆腐Sizzling Tofu B.季節時蔬Fry vegetables C.青蔬杏鮑菇vegetables and Mushrooms	A.決明子麥茶Cassia Seed Tea B.水果二種Fresh fruits
03/19 (二)	A.燒肉丼飯 Roasted Pork Rice Bowl	B.德式香腸大亨堡Bratwurst Big Burger	A.菇菇滑蛋Slippery Egg Mushroom B.毛豆干丁Dried Edamame C.培根時蔬Bacon Vegetables	A.檸檬愛玉 Lemon love jade B.水果二種Fresh fruits
03/20 (三)	A.奶油蘑菇豬排飯Creamy Mushroom Pork Chop Rice	B.鮮蔬鮭魚蛋炒飯Vegetable Fish Fried Rices	A.蘿蔔燉鴿蛋Stewed pigeon eggs with radish B.季節時蔬Fry Vegetables C.大白菜粉絲Chinese cabbage vermicelli	A.冬瓜茶white gourd drink B.水果二種Fresh fruits
03/21 (四)	A.親子雞肉丼飯 chicken Chop Rice	B.醬燒豬五花+蒜香乾麵 Braised Pork Belly with Sauce + noodles	A.紅油抄手(不辣)ravioli B.季節時蔬拌蔥油 Vegetables with Scallion Oil C.肉肉炒蛋Pork and scrambled eggs	A.椰果湯Nata de coco soup B.水果二種Fresh fruits
03/22 (五)	A.蔥油雞腿飯 Scallion Chicken Drumstick Rice	B.青醬雞肉螺旋麵 Green sauce Chicken Pasta	A.蠔油香菇青蔬Mushroom and Vegetables in Oyster Sauce B.焗烤洋芋Baked Potatoes C.紅蘿蔔炒蛋Carrot Scrambled Eggs	A.粉圓湯tapioca soup B.水果二種 Fresh fruits