

APRIL MENU

ELEMENTARY SCHOOL

日期	主食	副食一	副食二	青菜	湯	水果
4/1	米飯rice	鹽水雞柳Boiled salty chicken	蠔油麵腸Sauteed seitan w/ Oyster sauce	青菜vegetable	和風海芽湯 Seaweed soup	水果fruit
4/7	米飯rice	醋溜雞柳Vinegar chicken	叉燒肉 BBQ pork	青菜vegetable	黑糖山粉圓sweet soup	水果fruit
4/8	米飯rice	香滷豬Braised pork	麻醬雞絲Sesame sauce chicken	青菜vegetable	玉米排骨湯Corn andPork ribs soup	水果fruit
4/9	家常炒飯 Fried rice	雞腿堡chicken burger	木須高麗菜Mushu cabbage	青菜vegetable	紫菜蛋花湯 Seaweed Egg drop soup	水果fruit
4/10	燕麥飯 Oatmeal	沙茶豬柳Shacha Pork Fillet	玉米雞丁Corn chicken	青菜vegetable	四神湯Sishen Soup	水果fruit
4/11	米飯rice	蒲燒魚Kabayaki fish	咖哩蔬菜Curry Vegetable	青菜vegetable	魚丸紫菜湯 Seaweed and fish ball soup	水果fruit
4/21	米飯rice	照燒雞肉Teriyaki Chicken	蒸蛋steamed egg	青菜vegetable	仙草蜜Mesona sweet soup	水果fruit

本校午餐供應國產豬肉

請注意:

本菜單部分食材含有衛福部公告11種過敏原(甲殼類、芒果、花生、牛奶及羊奶、蛋、堅果類、芝麻、含麩質之穀物、大豆、魚類、使用亞硫酸鹽類等), 有關食材資訊請至校園食材登錄平臺查詢。

Our school serves domestic pork for lunch

Please note:

Some ingredients on this menu contain 11 allergens announced by the Ministry of Health and Welfare (crustaceans, mangoes, peanuts, milk and goat milk, eggs, nuts, sesame, gluten-containing grains, soybeans, fish, use of sulfites, etc.), please go to the campus food login platform for information on food ingredients.

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日期	主食	副食一	副食二	青菜	湯	水果
4/22	米飯rice	糖醋排骨Sweet and Sour Pork ribs	義式燜雞丁Italian Braised Chicken	青菜vegetable	榨菜肉絲湯Mustard shredded pork soup	水果fruit
4/23	茄汁炒飯 Fried rice with Tomato sauce	黃金雞腿fried chicken	紅燒豆腐braised tofu	青菜vegetable	玉米濃湯Corn Soup	水果fruit
4/24	芝麻飯 sesame rice	客家燉肉Hakka stew	白醬雞丁chicken with Bechamel Sauce	青菜vegetable	酸辣湯Hot and sour soup	水果fruit
4/25	米飯rice	豆皮花枝卷dry tofu with squid roll	開陽白菜Kaiyang cabbage	青菜vegetable	味噌湯Miso soup	水果fruit
4/28	米飯rice	韓國烤肉BBQ pork	玉米蛋Corn scrambled eggs	青菜vegetable	檸檬珍珠湯Lemon bubble	水果fruit
4/29	米飯rice	咖哩雞丁Curry chicken	年糕肉丁Rice cake and diced meat	青菜vegetable	龍骨竹筍湯pork ribs and bamboo soup	水果fruit
4/30	日式炒烏龍麵 Fried udon noodles	醬燒豬排Braised Pork filet in brown sauce	雙色花菜Broccoli	青菜vegetable	香菇雞湯Mushroom and chicken soup	水果fruit

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APRIL MENU

MS/HS SCHOOL

日期	主食	副食一	副食二	副食三	副食四	湯	水果
4/1	米飯rice	炸雞翅 fried chicken wings	魚香肉絲 Fish Flavored Shredded Pork	蠔油麵腸 Sauteed seitan w/ Oyster sauce	青菜 vegetable	和風海芽湯 Seaweed soup	
4/7	米飯rice	醋溜雞 Vinegar chicken	叉燒肉 BBQ pork	雙色QQ two color sweet potato balls	青菜 vegetable	黑糖山粉圓 sweet soup	
4/8	米飯rice	香滷豬 Braised pork	鹽水雞 Boiled salty chicken	螞蟻上樹 Sauteed Vermicelli with Minced Pork	青菜 vegetable	玉米排骨湯 Corn and Pork ribs soup	
4/9	炒飯 Fried rice	家常炒飯 Fried rice	麻醬雞 Sesame sauce chicken	木須高麗菜 Mushu cabbage	青菜 vegetable	紫菜蛋花湯 Seaweed Egg drop soup	水果 fruit
4/10	燕麥飯 Oatmeal	沙茶豬柳 Shacha Pork Fillet	南瓜雞 Pumpkin Chicken	照燒年糕 Teriyaki rice cake	青菜 vegetable	四神湯 Sishen Soup	
4/11	米飯rice	香酥魚排 Fried Fish Chop	蒼蠅頭 Fried Minced Pork with chive flower	咖哩蔬菜 Curry Vegetable	青菜 vegetable	魚丸紫菜湯 Seaweed and fish ball soup	水果 fruit
4/21	米飯rice	照燒雞 Teriyaki Chicken	蒸蛋 steamed egg	香炒筍絲 Fried bamboo shoots	青菜 vegetable	仙草蜜 Mesona sweet soup	

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4/23	炒飯Fried rice	茄汁炒飯Fried rice with Tomato sauce	梅汁腿排Plum Chicken Chop	紅燒豆腐braised tofu	青菜vegetable	玉米濃湯Corn Soup	水果fruit
4/24	芝麻飯sesame rice	客家燉肉Hakka stew	白斬雞White chopped chicken	咖哩粉絲Curry winter noodles	青菜vegetable	酸辣湯Hot and sour soup	
4/25	米飯rice	豆皮花枝卷dry tofu with squid roll	南瓜嫩蛋Pumpkin steamed eggs	開陽白菜Kaiyang cabbage	青菜vegetable	味噌湯Miso soup	水果fruit
4/28	米飯rice	韓國烤肉Korean BBQ pork	鹽酥雞Crispy Salted Chicken	香炒刺瓜Fried cucumber	青菜vegetable	檸檬珍珠湯Lemon bubble	
4/29	米飯rice	咖哩雞Curry chicken	年糕肉丁Rice cake and diced meat	蒜炒細根絲Garlic with shredded kelp	青菜vegetable	龍骨竹筍湯pork ribs and bamboo soup	
4/30	炒麵Fried noodle	日式炒烏龍麵Fried udon noodles	醬燒豬排Sautéed pork	雙色花菜Broccoli	青菜vegetable	香菇雞湯Mushroom and chicken soup	水果fruit

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