DOMINICAN INTERNATIONAL SCHOOL KAOHSIUNG

Lunch Menu - NOVEMBER 2026

No	日期	星期	主食	副食一	副食二	副食三	湯	水果
1	11/2	一	米飯 Rice	滑雞煲 Chicken	豬肉三丁 Pork	青菜 Vegetable	西米露甜湯 Sweet Soup	
2	11/3	二	米飯 Rice	蒙古烤肉 BBQ Pork	蒜頭雞丁 Garlic Chicken	青菜 Vegetable	小酥肉冬瓜湯 Pork And Winter Melon Soup	水果 Fruit
3	11/4	三	肉燥麵 Fried Noodle	雞腿 Chicken Leg	鮮蔬油豆腐 Fried Tofu With Vegetables	青菜 Vegetable	榨菜肉絲湯 Pickled Mustard Greens And Shredded Pork Soup	牛奶 Milk
4	11/5	四	海苔飯 Seaweed Rice	莎莎醬豬 Salsa Pork	醬燒雞肉 Braised Chicken In Brown Sauce	青菜 Vegetable	貢丸湯 Meatball Soup	
5	11/6	五	米飯 Rice	蔥花蛋 Scallion Eggs	蕈菇海帶結 Mushroo And Braised kelp	青菜 Vegetable	味噌湯 Miso Soup	水果 Fruit
6	11/9	一	米飯 Rice	梅干扣肉 Braised Pork With Dried Plums	麻醬雞柳 Sesame Sauce Pork	青菜 Vegetable	紅豆湯 Red Bean Soup	
7	11/10	二	米飯 Rice	蜜汁雞丁 Honey Chicken	蒼蠅頭 Fried Minced Pork With Chinese	青菜 Vegetable	關東煮湯 Oden	水果 Fruit
8	11/11	三	肉絲炒飯	排骨 Pork Ribs	白斬雞肉 White	青菜	玉米濃湯 Corn Soup	優酪乳 Yogur

			Fried Rice With Meat		Chopped Chicken	Vegetable		t Drink
9	11/12	四	小米飯 Millet Rice	蘿蔔燒雞肉 Pickled Radish Pork	滑蛋肉片 Sliced Pork With Smooth Egg	青菜 Vegetable	當歸湯 Angelica Soup	
10	11/13	五	米飯 Rice	椒鹽魚塊 Salt And Pepper Fish Fillet	香炒豆蔬 Fried Beans And Vegetables	青菜 Vegetable	魷魚羹 Squid Thick soup	水果 Fruit
11	11/16	一	米飯 Rice	三杯雞丁 Three Cups Of Diced Chicken	滑蛋豆腐 Tofu With Smooth Egg	青菜 Vegetable	彩圓湯 Sweet Soup	
12	11/17	二	米飯 Rice	叉燒肉 BBQ Pork	橙香雞球 Chicken with Orange Sauce	青菜 Vegetable	酸辣湯 Hot And Sour soup	水果 Fruit
13	11/18	三	南瓜炒米粉 Pumpkin Fried Rice Noodles	鮮蔬雞丁 Chicken With Vegetable	燴肉 Braised Pork	青菜 Vegetable	海芽魚丸湯 Kelp And Fish Ball Soup	豆漿 Soy Milk
14	11/19	四	芝麻飯 Sesame Rice	五味豬肉 Five Flavor Pork	玉米雞茸 Chicken With Corn	青菜 Vegetable	鮮菇蛋花湯 Mushroom And Egg Drop Soup	
15	11/20	五	米飯 Rice	古早味蒸蛋 Steamed Egg	綜合滷味 Comprehensive Braised Food	青菜 Vegetable	竹筍湯 Bamboo Shoots Soup	水果 Fruit
16	11/23	一	米飯 Rice	瓜子肉 Pork	醬燒雞丁 Braised	青菜	檸檬粉圓湯	

				With Cucumbers	Chicken In Brown Sauce	Vegetable	Sweat Soup	
17	11/24	二	米飯 Rice	芝香雞丁 Stir-Fried Diced Chicken With Sesame	回鍋肉 Twice-Cooked Pork	青菜 Vegetable	豬肉白菜湯 Pork And Cabbage Soup	水果 Fruit
18	11/25	三	什錦炒飯 Fried Rice	南瓜肉丁 Braised Pumpkin With Meat	麻婆豆腐 Mapo Tofu	青菜 Vegetable	肉丸湯 Meatball Soup	優格 Yogurt
19	11/26	四	胚芽飯 Germ Rice	咖哩雞丁 Curry Chicken	雙菇肉絲 Mushroom And pork	青菜 Vegetable	紫菜蛋花湯 Seaweed Egg Drop Soup	
20	11/27	五	米飯 Rice	果醋鮮魷 Squid With Vinegar Sauce	菜脯蛋 Dried Radish Omelette	青菜 Vegetable	金銀豆腐湯 Tofu Soup	水果 Fruit
21	11/30	一	米飯 Rice	麻油雞肉 Sesame Oil Chicken	起司玉米肉 Cheese, Corn, And Meat	青菜 Vegetable	銀耳湯 Sweet Soup	

※請注意：
本菜單部分食材含有衛福部公告 11 種過敏原(甲殼類、芒果、花生、牛奶及羊奶、蛋、堅果類、芝麻、含麩質之穀物、大豆、魚類、使用亞硫酸鹽類等) ,有關食材資訊請至校園食材登錄平臺查詢。

※Our school serves domestic pork for lunch

※Please note:

Some ingredients on this menu contain 11 allergens announced by the Ministry of Health and Welfare (crustaceans, mangoes, peanuts, milk and goat milk, eggs, nuts, sesame, gluten-containing grains, soybeans, fish, use of sulfites, etc.), please go to the campus food login platform for information on food ingredients.